SYLVIA MICHELS

Non-AEA
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5'5"
125lbs.

STAGE

	Role	Director/Choreographer	Company
The Haughty High Table	Valronian	John Zach	FiStories Theatre
Robin Hood	Sherwood	Amy Ellis	Missoula Children's Theatre
It's A Wonderful Life: A Radio Play	Sally Applewhite	Rachel Kuhnle	St. Croix Festival Theatre
Death of A Salesman	Letta	Jaclyn Johnson	St. Croix Festival Theatre
Serpentine	Gynaika	Michelle Schwantes	Minnesota Fringe Festival
Haunted Basement	Creep	Bo Brunner	Haunted Basement
MN Renaissance Festival	First Soprano	Douglas D. Cox	Elizabethan Syngers
More Light	More Light	Henry MacCarthy	Gustavus Adolphus College
Not I	The Mouth	Amy Seham	GAC
Angels In America: MA	The Angel	Amy Seham	GAC
A *Midsummer Night's Dream*	Helena	Henry MacCarthy	GAC
Love's Labour's Lost	Holofernes	Henry MacCarthy	GAC
I Am Not Consumed	Dancer	Jordan Lovestrand	GAC
My Gender Is Not A Joke	Dancer	Maggie Kennedy	GAC

ON-CAMERA

Valinor (Feature)	Gwen	Jon Heller	Jon Heller
A Sunny Desperation (Short)	Jane	Emily Tope	Film Score Festival
Looking For Moon (Short)	Sun	Gabe Berg	Big Name Cinema
Sunshine on the Tenements (Short)	Talia	Chris Wyatt/Sean Covel	MCAD
Gopher Sport Catalogue (Print)	Model	Gopher Sport	Catalogue

BEHIND THE SCENES

Little House On The Prairie	Scenic Designer	Brandon Raghu.....Fairmont Opera House
Alice In Wonderland	Director	.....Eagle Ridge Academy
Cosi Fan Tutte	Running Crew	Michael Shann.....Mill City Summer Opera
Next Best Steps: Dance Concert	Stage Manager	Melissa Rolnick/Michele Rusinko.....GAC
A Midsummer Night's Dream	Director/Designer	.....Rogers High School
Augusto Boal's Techniques	Facilitator	.....I Am We Are Theatre Troupe
Improvisation Workshops	Facilitator	.....Missoula Children's Theatre
HAIR	Costume Crew	Larissa Mconnel.....GAC

TRAINING

***Bachelor of Arts* : Theatre Honors & Arts Administration** **Gustavus Adolphus College (GAC)-2017**

Stage Acting-Henry McCarthy
Directing & Devising-Amy Seham
Voice/Singing-Dr. Patricia Snapp, Dr. Brandon Dean
Dance- Jill Patterson

Film Acting- Bill Cooper, Ed Noreen

Association of People with Disability Internship: Jyothi G. Shree — Bangalore, India- 2016

Firearms Safety Certified — MN Dept. of Natural Resources